able.minds

As part of Mental Health Awareness Week 2023
Able Minds would like to invite you to our
Community Connecting BBQ/Open Day
with the opportunity to leave a message of hope
on our newly established Hope Trees.

Everyone Welcome



Thursday 21 September 2023

1:00pm-3:00pm

Able Minds Activity Centre—2 Calder Street
St Kilda



mhaw.nz 18–24 Sept