

‘Did you know?’ Team Game

Help your team members connect, learn new things about each other and have a laugh. This activity works well for social events, team building, team challenges and competitions, as a warm up exercise or ice breaker or to simply spice up your regular team meeting.

Instructions:

1. Before the event, give each team member a card to fill in titled ‘Did you know?’
2. Ask each team member to write something about themselves that they are happy to share with their teammates (something they don’t think the team knows about them already). It could be a hobby they do, an adventure they had, an achievement they are proud of, or simply an interesting fact about something they like.

Examples include:

- My favourite native manu/bird is...
- I grow the biggest pumpkins!
- My maunga/mountain is... and my awa/river is...
- I talk to my plant everyday to help it grow
- I once did a three-day hike to...

3. Collect the cards from team members. Depending on the size of the group or occasion, you can then do any of the following activities:

Mix and Mingle

Hand out the cards to each participant and ask them to find the person who wrote the card. People will need to mix and talk to each other asking questions and finding out about each other. It can be a good way for new people to meet each other or for teams to reconnect and get to know each other better. Make sure you leave time for people to report back. If anyone hasn’t managed to find their match, get the whole group to help out.

Group Discovery (for smaller groups)

This activity allows for the whole group to learn new things about each other and have some laughter and fun together. It is an opportunity for new strengths to be shown that people may not see at work.

The cards are gathered in a hat or container and the team leader or group facilitator pulls one card out at a time. Each card is read and the group is asked to guess who wrote it. Allow some discussion, then ask for the real writer to make themselves known. Repeat this for each card.

Skills scavenger hunt

Instead of cards, ask team members what their hidden nature-related talent is and make a list. Everyone in the team gets a copy.

Our hidden talents

Talent	Name
I grow the biggest pumpkins!	
I talk to my plant everyday to help it grow	
I once did a three-day hike to...	

The goal is for each team member to complete the list by having conversations with teammates to work out who fits which talent. To support the spirit of friendly competition, have a deadline for returning the completed list – such as the Friday of Mental Health Awareness Week (12 October), over the evening at a social event, or throughout a day at a training session or workshop. You can offer prizes for the person who gets the highest score.