

Mental Health Awareness Week 2019 prize events Terms and Conditions:

1. The Mental Health Awareness Week (MHAW) prize events (including the photo challenge competition, workplace challenge, colouring competition and social wellbeing challenge) are open to residents of New Zealand.
2. **Air New Zealand Great Mystery Break Instagram competition rules:**
 - Comment on the Instagram post and tag someone you'd like to take on an Air New Zealand Two night Great Mystery Break and tell us how they uplift your wellbeing.
 - Make sure both you and the person you are tagging are following us on Instagram to be eligible to win.
 - Competition closes at 12pm on Saturday 28 September 2019 and the winner will be chosen by MHF staff and notified via social media on Tuesday 1 October 2019.
 - The prize is a voucher for an Air New Zealand Great Mystery Break for two (standard accommodation). This includes:
 - Return Air travel ([Seat + Bag](#)) on Air New Zealand
 - Return taxi or shuttle transfers between the airport and your hotel
 - 3 - 4 star accommodation at your mystery destination (twin share).
 - Voucher is valid until 22 September 2020.
 - The gift recipient must provide names as they appear on their photo identification when they book their dates.
 - Mystery Breaks dates must be requested a minimum of 30 days prior to departure.
 - Mystery Breaks dates cannot be requested more than 90 days prior to departure. Car parking is on a request basis only, any charges are payable directly to your accommodation upon check in.
 - Mystery Breaks documentation will be emailed no later than 24 hours prior to departure.
 - Regional New Zealand airports may charge a small domestic departure fee.
 - Mystery Breaks are non-transferable
 - If passenger names have been provided to us incorrectly spelt, a name correction fee of NZD\$50.00 per ticket applies once tickets are issued.
 - Supporting documentation may be required for passenger verification.
 - Amendments within seven days of departure are not permitted.
 - Amendments eight days or more prior to departure are subject to the approval of the relevant suppliers. Any approved changes to the booking will incur an amendment fee of NZD\$50.00 per person, in addition to any fees imposed by the supplier.
 - For more details on the Great Mystery Break go here:
<https://www.airnewzealand.co.nz/air-new-zealand-mystery-breaks>
3. **Photo challenge event rules:**
 - Snap and share a photo based on the daily Te Whare Tapa Whā theme, upload it to your Facebook, Instagram or Twitter account (make sure your post is "public" or the MHF team won't be able to see it) with the hashtag #MHAWNZ. On Facebook, please tag us @MentalHealthFoundationNZ for your post to be seen.
 - A winner will be picked each day by Mental Health Foundation (MHF) staff, through a staff majority vote. The winning photo will be posted the following day on the Instagram account: @MHFNZ and the Facebook account: @MentalHealthFoundationNZ. Daily winners will be contacted through social media the following day and sent their prize at the end of the challenge.

- At the end of the five days, Nikon ambassador Esther Bunning will pick her top two photos from the five winning daily photos (plus a wildcard). A poll with three photos will be created on Wednesday, 2 October (through email and social media) for the public to pick their favourite photo. The winner of this poll will receive a Nikon camera worth \$799!
- 4. Colouring competition event rules:**
 - The competition is open to tamariki aged 4–12.
 - Post your entry so we receive it before 5pm Friday, 18 October 2019 to: Mental Health Foundation, PO Box 10051, Dominion Rd, Auckland 1446. Alternatively you can take a picture of your entry and [email it to us](#) with the subject line 'Colouring Competition Entry'.
 - The three lucky winners from each age group will be selected by MHF staff to win a prize and will be notified via phone or email.
 - 5. Workplace challenge event rules:**
 - Download and print the [MHAW workplace guide](#) to help you and your rōpū explore wellbeing throughout the week.
 - At the end of the week, create your workplace wellbeing plan using [our template](#).
 - Take a photo of your plan and [email](#) it to us, along with a photo that captures what wellbeing means to your workplace – get creative!
 - Entries close 5pm, Friday 4 October. The winning workplace will be notified via email on, or before Friday, 11 October.
 - 6. Ways to wellbeing social media competition rules:**
 - Comment on our Facebook, Instagram or Twitter post and share your way to wellbeing.
 - All entries must be posted by 3pm on Friday 20 September 2019
 - Three winners will be selected at random by MHF staff.
 - All winners will be notified via social media by 12pm Monday 23 September 2019
 - 7. MHAW survey competition rules:**
 - Complete the MHAW workplace or individual evaluation survey by Friday 11 October 2019
 - Complete the MHAW school evaluations survey by Monday 21 October 2019
 - Enter your email address at the end of the survey to go in the draw to win one of three \$250 Countdown Supermarket voucher
 - Winners of the workplace and individual survey prize will be notified via email on Tuesday 15 October 2019.
 - Winner of the school survey prize will be notified via email on Tuesday 22 October 2019
 - 8.** Entrants into these prize events, will be deemed to have accepted these Terms and Conditions.
 - 9.** Winners will be chosen by the Mental Health Foundation (MHF) staff members in accordance with these Terms and Conditions.. All decisions are final.
 - 10.** If you have questions about how to enter any of these events, please see the event details listed on the website pages, or email mhaw@mentalhealth.org.nz with "MHAW prize events" in the subject line.
 - 11.** Employees of the MHF or anyone else connected with the prize events are not eligible to win a prize.
 - 12.** By submitting your personal information, you agree to receive emails from the MHF containing offers, events, and information that we think may interest you. You will have the opportunity to unsubscribe every email we send. The Mental Health Foundation will not disclose any of your personal information, except for the following reasons:
 - For statistical

purposes • When it is required by law • To protect the rights of the Mental Health Foundation

- 13.** Closing dates for each prize event are stated on each prize webpage or social media post. Entries received outside of these time periods will not be considered.
- 14.** The prize winners will be contacted by MHF staff members and winners will receive their prize after each event has finished.
- 15.** Each prize is non-exchangeable, non-transferable and is not redeemable for cash or other prizes.
- 16.** The winners may be required for promotional activity.
- 17.** If prize winners do not provide MHF staff with shipping details before 1 November 2019, they will no longer be eligible to receive their prize.
- 18.** The MHF will take care of any personal information that you supply as described in our privacy policy here. By entering the MHAW 2019 prize events you agree to the collection, retention, usage, and distribution of your personal information in order to process and contact you about your entry, and for the purpose outlined above
- 19.** The MHF accepts no responsibility for entries that are lost, delayed, misdirected, incomplete, cannot be delivered or entered, or for any technical or other reason. Proof of delivery in any of the events is not proof of acceptance by the MHF.
- 20.** The MHF accepts no responsibility for any damage, loss, liabilities, injury or disappointment incurred by you as a result of entering the Mental Health Awareness Week events or accepting of a prize. The MHF further disclaims liability for any injury or damage to your or any other person's technical devices (ex. a number of devices including computer and phones) relating to or resulting from participation in any of the Mental Health Awareness Week events or merchandise.
- 21.** The MHF shall have the right at any time to change or discontinue any aspect or feature of the MHAW 2019 prize events and these terms and conditions.
- 22.** The MHF cannot be held liable, or legally accountable, for any picture or image or information posted by you to participate in any of the MHAW 2019 events, that is found to be in breach of the Privacy Act or Copyright law. You must have copyright and or permission to use any picture or image or information you post. You must inform the MHF as soon as possible if you are issued with such a challenge. Contact info@mentalhealth.org.nz